



Ditidaht First Nation

NITINAHT WEEKLY
October 30th – November 6th, 2019



**TO ALL THE LITTLE GHOSTS AND GOBLINS;
“BE SAFE THIS HALLOWEEN AND HAVE FUN!”**

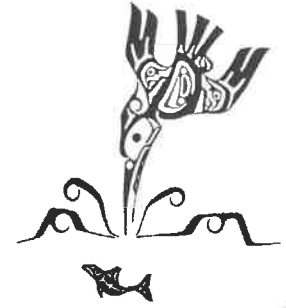
FROM DITIDAHT CHIEF & COUNCIL AND STAFF!

Reminder to Ditidaht Members

GOVERNANCE (Band) MEETING
Governance Policy/Portfolio Updates
SATURDAY, NOVEMBER 2nd, 2019
START TIME: 10:00AM
LOCATION: DITIDAHT COMMUNITY HALL
LUNCH INCLUDED!

Ditidaht First Nation

PO Box 340, Port Alberni, BC, V9Y 7M8 Ph: (250) 745-3333 Fx: (250) 745-3332



Introduction of Ditidaht Community Service Manager

On behalf of the Ditidaht Administration Office we would like to Welcome Aboard the new Community Service Manager, Sydney Mattu to our team.

Here is an introduction from Sydney to the Community members.

Hello Everyone,

My name is Sydney Mattu and I have just started in the Community Services Manager role. I am originally from Vancouver but have most recently been living and working in Nanaimo. I have been working in the non-profit sector for the past ten years and am also trained as a clinical counsellor. When I am not working, I am often exploring with my dog. Please come introduce yourself to me at the clinic, I would love to say hello. Thank you for welcoming me into your community.

Welcome to the Ditidaht Community, Sydney!

Literacy

- * Resume Drop in Friday November 01,2019 @ Community Services office 1:00pm—4:00pm. Snacks provided.

I work with adults and elders for resumes, form filling, and crafts. If anyone would like to come in this Friday during resume drop please feel free to come have a conversation and give ideas of what kind of topics for groups you would like to see for our literacy groups. I also need to find out from the community what day of the week works best for adult/ youth craft group.

- * Literacy craft group for Saturday November 2,2019 will be cancelled to accommodate the band meeting that day. Watch for a post on our community FB page or the community news letter as to when the next literacy craft group will be.

Any questions feel free to contact Kelita Sieber at the Community Services office 250-745-3331.

Sincerely,

Kelita Sieber , Community Literacy Catalyst worker

Ditidaht Community Services

P.O. Box 340 Port Alberni, B.C. V9Y-7M8 PH: 745-3331 FAX: 745-3741

October 30, 2019

Elder trip to Snuneymuxw (Nanaimo) November 2, 2019 has been cancelled as that date has been changed to November 22, 2019. If any of our elders would like to go on this trip to Nanaimo please let me know as soon as possible so I can start making the arrangements and sign up to go on the van. This is weather pending so let's hope for good weather. This off reserve luncheon is the last luncheon of the year with the Island Elder Luncheons until the New Year. So I am hoping for us to make it to the Nanaimo luncheon.

**** Donations****

We are asking for donations to hold another loonie toonie elders fundraiser. This time we are going to be doing an online loonie toonie at the end of November maybe first week of December pending if we get enough donations. We did good at our last loonie toonie so we are hoping to have a bigger loonie toonie, and a 50/50 draw. The fundraising helps our elders attend luncheons off reserve, or food for our luncheons in Malachan. For Donations please contact Kelita Sieber (Elders Coordinator) at the Community Services office Monday – Wednesday 8:30am – 4:30 pm phone # 250-745-3331 email: elderscoordinator@ditidaht.ca .

Sincerely,

Kelita Sieber

Elders Coordinator

November

Elder Events Calender

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 Elders luncheon (clinic)	7	8	9
10	11	12	13	14	15	16
17	18 Kelita away training	19 Kelita away training	20	21	22 Island elder luncheon Nanaimo (weather pending)	23
24	25	26	27 Elder luncheon (clinic)	28	29	30



hupiimin wiikšahiiy'ap

helping us to be well

Nuu-chah-nulth Nursing Services

Influenza Vaccination Schedule

Place/s:	Ditidaht Health Clinic
Date/s:	November 5 th , 2019
Time/s:	11:00 - 2:00 pm

For more information please contact your local CHN: Marion Guiraud

Phone number: 250-724-5757 or 250 731 5625

Remember to bring your Status Card and your Care Card



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helping us to be well

Nuu-chah-nulth Nursing Services

Influenza Vaccination Schedule

Place/s:	Ditidaht School
Date/s:	November 7 th , 2019
Time/s:	12:00 - 2:00 pm

For more information please contact your local CHN: Marion Guiraud

Phone number: 250-724-5757 or 250 731 5625

Remember to bring your Status Card and your Care Card

Women's Group

Dates for our women to gather

- November 4/19– Weaving with Julia Joseph
- November 18/19– Magic Bags
- November 25/19– Book Club reading (Moon at 9)
- December 2/19 –Christmas Baking
- December 9/19 –Coping Skills for the holidays
- December 16/19—Chocolates

Women's Group is always on a Monday.

Time : 6pm-8pm

See you all there.

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Do you suffer from back pain, neck pain, sciatica or headaches?

Come see Julian the Chiropractor who is in most Thursdays. He can also support with tendon and muscle issues or hip and knee osteoarthritis. Please call the Community Services office to book an appointment.

Have questions about medication or any general health related questions?

Come speak with Jesse the pharmacist who is also in most Thursdays. Drop into the office and say hello.



*Happy 1st Birthday
Princess Cataleah Marie
Nov 1, 2019*

*Lotsa love Ma'ma and Papa
Uncles Aunties cousins*